Peer-Assisted Learning (PAL): reinforcement enabling the concept in medical education

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ABSTRACT

Peer-assisted learning (PAL) which has been in practise in medical education boasts of several benefits. This paper explores the learning theories that substantiate for the perceived benefits of PAL. Literature search was done in PubMed, SCOPUS and Google Scholar using the keywords *peer-assisted learning (PAL), peer teaching, near-peer teaching, peer tutors, peer learners, student-learners, theoretical framework* to locate the related articles. The theoretical underpinnings of PAL have been explained with suggestions to overcome the disadvantages. Succinct details on the future of PAL have been discussed as well.

Keywords: peer-assisted learning (PAL), peer teaching, near-peer teaching, peer tutor, student-learner, learning theories