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Perception on quality of life (QoL) among public university students and factors affecting IT
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Abstract

Purpose The assessment of quality of life gives valuable decision in providing information about the functioning and well-being of population. The main objective of this research is to study the perception on quality of life among public university students. A quantitative cross-sectional study was applied in this study by using English language of questionnaire and conducted by using convenient sampling method. Students in public universities located in WP Kuala Lumpur and Selangor had been chosen as subject (N=312). Data obtained was analyzed by using Statistical Package for Social Sciences (SPSS). Gender, course stream and health status are among the factors that revealed to have association with quality of life. Different gender was found to have significant difference with quality of life measures physical state and overall quality of life. For course stream, quality of life measure life enjoyment was found to have significant difference on perception of quality of life. As for health status, there were significant differences on quality of life measures physical state, mental/emotional state and stress evaluations. However, there was no significant difference on quality of life on education level and funding for study. As the conclusion, there were various factors that might affect perception on quality of life. Thus, different perception on quality of life among university students may rely on different factors that affect their quality of life. © 2020, Advanced Scientific Research. All rights reserved.

Author Keywords

Course Stream; Health Status; Perception on Quality

Index Keywords

article, controlled study, cross-sectional study, education, emotion, English (language), Federal Territory of Kuala Lumpur, female, funding, gender, health status, human, human experiment, major clinical study, male, mental health, perception, quality of life, quantitative analysis, questionnaire, Selangor, sociology, stress, university student

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